

Shelby County

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Community Health Needs Assessment Snapshot

Promote Healthy Behaviors

Problems/Needs:

- Drug and alcohol abuse in minors
- Stress
- Domestic Violence
- Obesity/Nutrition

Prevent Injuries

Problems/Needs:

None identified

Protect Against Environmental Hazards

Problems/Needs:

None identified

Prevent Epidemics and the Spread of Disease

Problems/Needs:

None identified

Prepare for, Respond to, and Recover from Public Health Emergencies

Problems/Needs:

- Access to Behavioral Health Services
- Parenting Education and Support
- Poverty

Strengthen the Public Health Infrastructure

Problems/Needs:

None identified

Community Health Improvement Plan

Goal	Strategies	Who is responsible?	When? (Timeline)
Access to Behavioral Health services for 0-18 year olds was identified as top problem in Shelby County. Related issues included stress (bullying, suicide), drug and alcohol use, domestic violence, and parenting education. Current initiatives were identified for all of these related issues as noted on other worksheets in this report.			
<p>Increase access and use of behavioral health services in the school aged population as evidenced by decreasing the following indicator results on the Iowa Youth Survey:</p> <p>1.) In the last 12 months did you make a plan about how you would attempt suicide? 2008 Baseline: 4% of sixth graders, 6% of 8th graders and 14% of 11th graders answered yes. Goal is to decrease by 50% in all grades by 2014.</p> <p>2.) At school in the last 30 days, how many times were you hit, kicked, pushed, shoved around, or locked indoors? 2008 Baseline: 20% of sixth graders, 19% of 8th graders and 10% of 11th graders answered 1 or more times. Goal is to decrease by 50% in all grades by 2014.</p> <p>3.) In the past 12 months, how often have you been disciplined at school for fighting, theft, or damaging property? 2008</p>	Identify specific needs of the targeted population related to behavioral disorders and/or mental illness.	Myrtue Medical Center and Shelby County School systems.	By 9/1/2011
	Identify all programs/providers/funders in Shelby County for capacity to deliver behavioral health services and develop plans to increase behavioral health services.	Myrtue Medical Center Behavioral Health Department	By 4/30/2011
	Add available community behavioral health services to local resource book and distribute to area businesses to display on their websites for employee and resident education.	Myrtue Medical Center	By 4/30/2011
	Educate community on availability of behavioral health services and potential EAP services in Shelby County to include, but not limited to the following methods or entities: ISU Extension, Farm Bureau, Iowa Western Community College, school newsletters, life skills classes, churches, community and civic groups, Chamber of Commerce, pay check stuffers, various websites, school functions, publications, advertising, and press releases.	Myrtue Medical Center (Kim Burchett and Karen Buman)	By 12/31/2011
	Identify businesses that do not offer Employee Assistance Program (EAP) services and educate owners on available benefits. Educate public regarding the availability of EAP services at their place of employment.	Myrtue Medical Center Occupational Health Outreach and Behavioral Health	By 12/31/2011
	Offer re-education/reinforcement to employees of existing	Myrtue Medical	By 12/31/2011

<p>Baseline: 5% of sixth graders, 9% of 8th graders and 8% of 11th graders answered 1 or more times. Goal is to decrease by 50% in all grades by 2014.</p> <p>4.) I feel safe at school? 2008 Baseline: 10% of sixth graders, 14% of 8th graders and 10% of 11th graders disagreed with this statement. Goal is to decrease by 50% in all grades by 2014.</p>	businesses that offer EAP to their employees regarding EAP services.	Center Occupational Health Outreach and Behavioral Health	
	Meet with local and administrative staff from Jackson Recovery Center to discuss availability and access issues for drug and alcohol evaluations and treatment in Shelby County. Keep Shelby County Board of Supervisors aware of progress and needs.	Lonnie Maguire and Myrtue Medical Center Behavioral Health Department	By 9/1/2011
	Continue with current initiatives by MMC and Harlan Community School District to provide school based behavioral health services.	Myrtue Medical Center and Harlan Community School systems.	By 9/1/2011
	Invite stakeholders to identify possible subsidies for school based services to include but not limited to: Harlan Community School system, Jackson Recovery, Myrtue Medical Center, West Central Community Action, Chamber of Commerce, ISU Extension, Iowa Department of Public Health (bullying \$), private companies, Decat grant, empowerment board, drug companies, Myrtue Medical Center Auxiliary, service organizations, Iowa West Foundation, ministerial association, pharmaceutical companies, Victims Services, Shelby County Central Points Coordinator, and Shelby County Community Chest.	Myrtue Medical Center and Lonnie Maguire	By 6/30/2011
	Evaluate the need for and increase professional staffing at Myrtue Medical Center Behavioral Health as indicated.	Myrtue Medical Center Behavioral Health Department	By 7/31/2011
	Identify potential methods and implement crisis intervention strategies in Shelby County.	Lonnie Maguire and Myrtue Medical Center Behavioral Health Department	By 12/31/2012